

BioMedica's

# Women's Health Summit:

Advancing lifelong clinical care and health span

Saturday 24<sup>th</sup> May 2025

Sofitel Sydney Darling Harbour and livestream

8.45am – 7pm (in-person) • 9.45am – 5.35pm (livestream)

All times are in Australian Eastern Standard Time



## SYNOPSIS

One of the most significant advancements in women's health research has been a paradigm shift away from viewing women's health solely in the context of conditions affecting reproductive organs and maternity, towards one that encompasses the health of the whole woman throughout their life.

Despite the fact that women navigate a lifetime of distinct physiological, psychological, and social experiences, they have not benefitted equally from major advances in biomedical research and health care.

The BioMedica Women's Health summit brings together 8 preeminent clinicians and researchers to teach, share knowledge and experience, and empower practitioners to deliver person-centred healthcare across a woman's lifespan.

Together we will share diverse perspectives, and advance clinical care for our patients.



YOUR HOST

Tabitha McIntosh

*Once in a blue moon, the opportunity arises to hear from a living legend. I personally couldn't be more exhilarated to learn from the magnificent Ruth Trickey at the upcoming BioMedica Women's Health Summit in May.*

*The Summit's format ensures we will be inspired on various important modern-day clinical presentations for women, including the intersection of environmental medicine and mid-life health, ageing well, skin health, lifestyle medicine and more. I look forward to seeing you there.*

Tabitha

## KEY LEARNING OUTCOMES

- » Learn from highly accomplished and experienced clinicians across a diverse range of scenarios, providing tangible insights for your clinical practice
- » Identify emerging evidence-based insights in women's health and recognise the health challenges faced by women during midlife, menopause and post-menopause
- » Recognise clinical features of cardiovascular disease in women and understand how to advocate for better heart health for women
- » An understanding of the common experiences of many autistic women and girls, including misdiagnosis, missed diagnosis, and co-occurring health conditions
- » Understand the foundations for treatment and a hierarchical treatment framework to optimise clinical success in the management of female adult acne
- » Analyse current research into the impact of endocrine disrupting chemicals on health outcomes for mid-life women, including effects on menopause, cardiovascular disease, and cancer incidence
- » Understand the benefits of a prescriptive approach to lifestyle medicine for ageing well and to support the naturopathic prescription

# TOPICS AND SPEAKERS

BioMedica is proud to bring together 8 leading national and international speakers in the field of women's health and natural medicine.



**Ruth Trickey**  
Observations and insights:  
50+ years of healthcare



**Monica Doherty**  
CAM support for autistic  
women and girls



**Asha Evertsz**  
Hierarchy of treatment: A practical,  
clinical framework for treatment  
of female adult acne



**Tamara Dickson**  
Environmental chemicals and  
health outcomes: from mid-life  
and beyond – 2 PARTS



**Michelle Boyd**  
Research-based insights into  
women's mid-life health



**Despina Kamper**  
Ageing well: Integrating lifestyle  
medicine into the naturopathic  
prescription



**Jane Hutchens**  
Hidden in plain sight: The story  
of women and heart disease

Read full speakers' biographies,  
agenda and session synopses at  
[biomedica.com.au/summit](http://biomedica.com.au/summit)

## YOUR INVESTMENT INCLUDES:

- » 7 high impact sessions from highly regarded speakers on clinically relevant women's health topics
- » Summit handout and educational resources
- » Key strategies to immediately implement in clinic
- » Light breakfast, lunch, afternoon tea and post summit drinks and canapes (in-person)
- » Networking opportunities with peers and summit presenters (in-person)
- » Exclusive summit offers
- » Speaker workshops (in-person)
- » Full summit video recordings
- » CPE : 7.5 learning hours

In-person delegates will have the unique opportunity to participate in three 20-minute clinical practice workshops, designed to facilitate interactive and engaging discussions with our expert speakers. Spaces are limited and will be allocated on a first-come, first-serve basis.

### EARLY BIRD

**In-person: \$196**  
**Livestream: \$147**

Closes midnight 31<sup>st</sup> March 25 (AEST)

### STANDARD

**In-person: \$280**  
**Livestream: \$210**

From 1<sup>st</sup> April 25

### STUDENTS

Students are eligible for  
**a 20% discount**  
on summit price

All prices include GST

## TO SECURE YOUR PLACE:



Purchase in-person (limited spots available) summit tickets, or livestream access at [biomedica.com.au/summit](http://biomedica.com.au/summit), email questions to [events@biomedica.com.au](mailto:events@biomedica.com.au)

**BioMedica Nutraceuticals 1300 884 702 | #BioMedicaSummit25**